



NZACAP

New Zealand Association
Of Child and Adolescent Psychotherapists Inc.

Hi All,

Psychotherapists at Waitemata and Auckland DHBs have made the difficult decision to go on strike for the first time.

Psychotherapists from both DHBs have been attempting to negotiate more appropriate terms and conditions with their respective senior management/HR teams. Last year all psychotherapists at WDHB and a significant number from ADHB moved from the PSA to APEX so that we could have more specific representation for our profession and also be a part of any processes around this.

A collective agreement was proposed for each DHB, with the terms under negotiation being for more appropriate and relevant conditions around professional development, progression up the salary scale and supervision. The pay rates were the same as agreed in the most recent PSA MECA agreement. The terms proposed are seen as crucial for professional and safe practice, as well as recruitment and retention of Psychotherapists. **NZACAP supports their stand on these matters**

With little progress made, the psychotherapists at Waitemata took three days of partial strike action at the end of August and now have the same collective agreement back on the table for negotiation. Psychotherapists at ADHB have taken partial strike action for three days this week, after their proposed collective agreement was also turned down.

The decision to take strike action of three days with no client contact was understandably an extremely difficult one for all involved and is indicative of the frustration felt and the level of concern for best practice, held by the DHB psychotherapists.

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E hoa ma, kia kaha, kia maia, kia manawanui.

Regards

The Exec

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